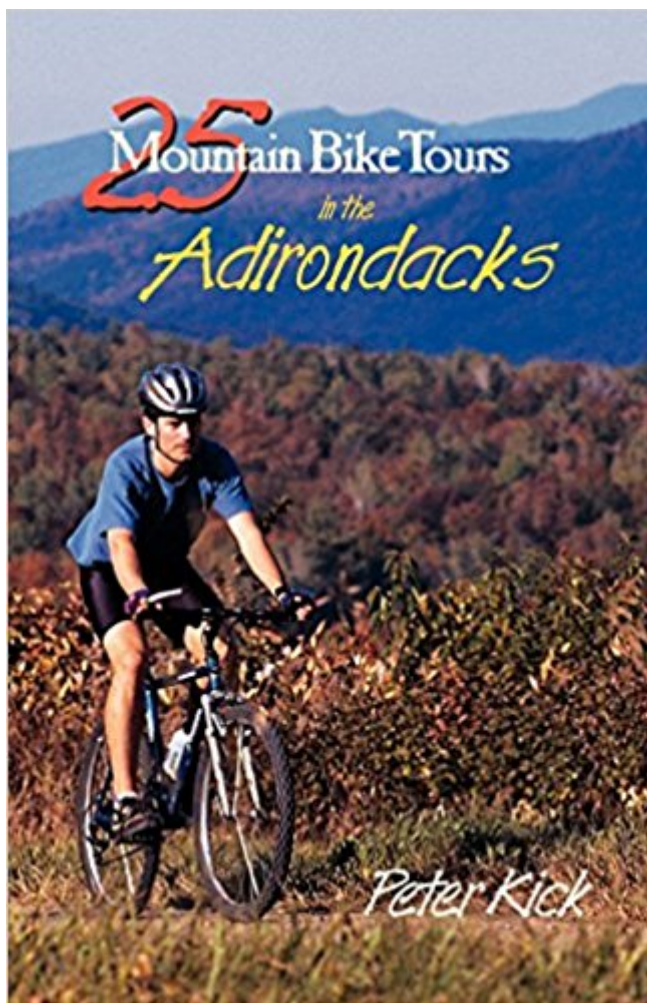


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# 25 Mountain Bike Tours In The Adirondacks (Bicycling)



## Synopsis

Six million-acre Adirondack Park is the largest wilderness east of the Mississippi-and an underappreciated destination for world-class mountain biking. Peter Kick has selected 25 of the Park's best tours, ranging from 4 to 80 miles in length and including something for riders of every level. More importantly, he urges mountain bikers to ride each trail responsibly, respecting the Park's unique and fragile ecology as well as the rights of other trail users. Each tour includes directions to the trail, up-to-date maps and regulations, surface conditions, trail highlights, nearby bike repair shops, and detailed mile-by-mile directions.

## Book Information

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## Customer Reviews

At long last, mountain bikers have a thoughtful, reliable, thorough guide to good routes in New York's vast Adirondack Park. -- Elizabeth Folwell, editor, *Adirondack Life*The most comprehensive book on mountain biking in the Adirondack mountains...well written and knowledgeable, with extremely accurate and detailed trail descriptions...every mountain biker riding in the Adirondacks should have it. -- Ted Christodaro, Adirondack Mountain Bike AssociationWith wit, humor, and an exemplary respect for the fragility of the backcountry, Peter Kick's new book opens the wide and wonderful world of the lesser known wild forest areas of the Adirondacks to every mountain biker. Don't leave home without it. -- Richard Fenton, Supervising Forester, NYSDEC Bureau of Public Lands

Peter Kick is a licensed hiking and paddling guide in the Catskills, Adirondacks, and Florida Everglades. He has authored several books on hiking and mountain biking including Backroad Bicycling in the Hudson Valley and Catskills, 25 Mountain Bike Tours in the Hudson Valley, 25 Mountain Bike Tours in the Adirondacks, and 25 Mountain Bike Tours in New Jersey. He lives in Saugerties, New York.

Not for those who are looking for single track and adventure.

I'm a beginner/intermediate mountain biker and a weekend warrior so take this with the proverbial grain of salt. I have done several trails from the West Central section of this book, and had a 100% success rate with it. The anecdotal descriptions are great, and they are followed by a blow-by-blow guide to the route he describes. Even with the detailed, step-by-step descriptions there are plenty of extras to inspire side trips, exploration, and customization to suite the level of riding experience. Use common sense. Even though this book is only 3yrs old, markers disappear, signs are removed, trails are altered (sometimes by bulldozers), etc. Realize, these are details the author has no control over even though he has to include them at the time he rode the trail. I know of only a few authors who are considered omniscient (maybe One). As much as I like Mr. Kick's book, I don't think he's one of that number. This guide should always be supplemented with a good topo, and any maps that might be available from the local townships or organizations responsible for the trails described.

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